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### June 2nd 2023

Annunciation Catholic Primary School promotes the safety, wellbeing and inclusion of all students.

### PRINCIPAL MESSAGE:

I have been very impressed with the learning I have witnessed over the past couple of weeks. During my walks up and down the corridors and visiting classrooms, I have seen everything from students making jelly monsters and then writing about them to students making their name in hieroglyphic letters using clay. The staff at Annunciation are dedicated and committed to providing your children with engaging and authentic learning experiences. Their commitment is unwavering, and I am grateful for the significant difference they are making in the lives of your children. As we navigate the remainder of the school term, let us continue to support one another, uplift each other, and celebrate our achievements.

There is a lot of information contained in the newsletter, so I encourage you all to make a cuppa and set aside some time to read the information and take note of upcoming events.



Take care

Anna

### Dates to note for the next fortnight:

Tuesday 6th June:	Year F/1 & Yr 2 Neighbourhood Walk
Wednesday 7th June:	10:15 am Mass - Yr 5/6 attending (Families welcome)
Thursday 8th June:	School Closure Day (Staff working on School Review)
Friday 9th June:	School Closure Day (Staff working on School Review)
Monday 12th June:	King's Birthday Public Holiday (No school)
Wednesday 14th June:	10:15 am Mass - Yr 3/4 attending (Families welcome)
Friday 16th June:	Reports go home to families. 3:00 pm - Assembly Newsletter Published

### SCHOOL REPORTS & PARENT TEACHER INTERVIEWS

School Reports will be sent home to families on Friday 16th June. Each student will receive a report which outlines their achievements for the semester. Parents will have the opportunity to discuss their child's/children's report at Parent Teacher interviews which will be held on Thursday 22nd June from 12:30 - 7:00 pm. *Information regarding the booking of P/T Interviews has already been sent home to families. Please ensure that this form is returned ASAP. You will be informed of your allocated time shortly.* 

### SCHOOL CLOSURE DAYS

On Thursday 8th June & Friday 9th June, staff will be working on the School Review with facilitators from Melbourne Archdiocese of Catholic Schools (MACS). *Therefore, there is no school for students on these days. Please note that Before & After Care WILL NOT operate on these days either.* 

### SCHOOL START TIME

I know it can be hard getting out of bed in the colder months and I have noticed that each day, there a quite a number of students arriving late to school. Gates are open from 8:30am with a teacher on yard duty. *All parents are asked to have their child/children at school between 8:30-8:45 am.* A bell rings at 8:45 am where students are walked to their classrooms ready to begin learning from 8:55 am. Those 10 minutes between 8:45-8:55 am are used for unpacking bags, changing readers, checking in with the teacher and getting ready for the school day. Your support with this is greatly appreciated.



I understand that there may be times where you need to pick your child/children up early from school. *Please* note that if you intend on collecting your child/children early from school, you must go to the front office and wait for a staff member to collect your child. Under NO circumstances are you to enter the yard to collect your child. Please inform the classroom teacher via a note or email of any early dismissals.

### **AWARD WINNERS - STUDENT OF THE WEEK**



Congratulations to the above students who all received a student of the week award in the past fortnight. These students have been recognised by their classroom teachers for having a positive mindset, being kind, working hard in class and a variety of other great reasons.

### PRINCIPAL AWARD

Congratulations go to Max for receiving a Principal Award last week. Max has been recognised for putting 100% into everything he does. Well done Max!





#### **CROSS COUNTRY NEWS**



A huge congratulations to Valerie who represented Annunciation at the District Cross Country event on Monday 29th May. Valerie has now qualified for Regionals which is an amazing effort. We wish Valerie all the best as she prepares for her next race.

### **GREEN THUMBS NEEDED**

Are you a keen gardener? Do you have some time on your hands? Would like to help improve the grounds at Annunciation?

If you answered "YES" to any of these questions, then WE NEED YOU! Annunciation has been successful in receiving a grant through the "GREEN SCHOOLS" project. We will be receiving approximately 25 new trees to be planted alongside the Heather Ave fence line.



A ranger from Hobson's Bay will be at the school on Friday 30th June (school holidays) to support us in planting the new trees. If you would like to assist in preparing the soil and being part of the action, please email me: principal@asbrooklyn.catholic.edu.au Many hands make light work! Thanks to Linda Taranto for applying for the grant.

### SCHOOL TV SPECIAL REPORT: MOBILE PHONE SEPARATION ANXIETY

The use of mobile phones and technology in schools has been a highly debated topic internationally, including in Australia. Almost all states and territories in Australia, have implemented full bans on mobile phones during class, recess, and lunch times, while allowing students to carry their phones during travel to and from school.

Critics argue that there is no evidence supporting the effectiveness of such bans, but this is a mischaracterisation. Studies have shown the positive impacts of mobile phone bans in schools. One study conducted in 2016, found that banning mobile phones led to an increase in student performance, with test scores improving by 6.4% of a standard deviation. Similar studies from Spain and Norway also supported these findings.



Separation

For parents concerned about mobile phone separation anxiety in their children, it is important to acknowledge it as a real issue and discuss the negative effects of phone addiction, such as sleep problems and mental health issues. Gradually introducing phone-free periods at home, setting clear expectations and boundaries and modelling healthy behaviours can help your child cope. It is also crucial to establish a support network and seek professional help if needed. Implementing mobile phone bans in schools allows for better focus on teaching and learning, minimising distractions and interruptions.

This Special Report will help address mobile phone separation anxiety and provide guidance on supporting your child's wellbeing during this transition period. We hope you take a moment to reflect on the information offered, and as always, we welcome your feedback. If this raises any concerns for you, a loved one or the wellbeing of your child, please consider seeking medical or professional help.

Click on this link to view the Special Report https://asbrooklyn.catholic.schooltv.me/wellbeing news/special-report-mobile-phone-separation-anxiety



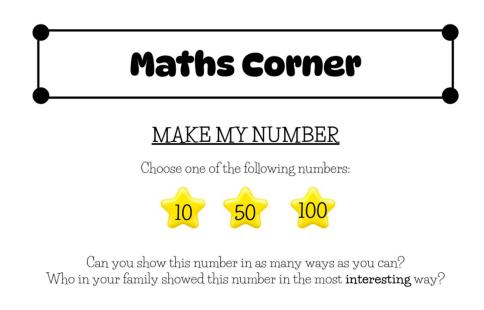
Do you like playing games? Do you like solving challenging problems? Would you like a warm place to go during cold, winter lunch times? Do you have a love for all things 'maths'? If you said yes to one, some or ALL of these questions, then you should come and visit Maths Club!

Mrs Boggis will be running Maths Club every Tuesday for students who want to participate in fun maths activities. Activities might include board games, online games, problem solving questions, construction, puzzles and more!

- WHO: All students welcome!
- WHEN: 1st half of lunch every Tuesday

WHERE: Open space

WHAT: Exploring maths games and activities



<u>CLUE:</u> It can be shown as: a collection of objects, drawings, equations etc. Can you go around your house and see where you can find this number?

We would love to see how you go with the Maths Corner challenges at home, so feel free to send through photos of your solutions or photos of your family working together on the challenge. You also might be featured in our next newsletter!

Please send the photos to Mrs Boggis - vtran@asbrooklyn.catholic.edu.au

### Yr 5/6 EXCURSION TO EMMANUEL COLLEGE

Recently, the Yr 5/6 students visited Emmanuel College to watch a matinee performance of their school musical "The Addams Family." The students were amazed by the talent on show, not only on stage but from the orchestra as well.



### Some comments from the students:

On Thursday we went to Emmanuel College to see the play called the Addams family. It was really fun and enjoyable to watch because we sat in the front rows and got to meet other people from other schools, but the play was really sad and happy and exciting. - *Ravi* 

I really enjoyed this experience. They had fog machines and an amazing orchestra. The actors in the play are all from Emmanuel College (Point Cook and Altona). It was very loud and full of jokes such as adult ones and kid ones if you know what I mean. They also looked exactly on point with their characters and never broke character. My favourite character was Morticia. She looked amazing in her dress and her makeup and hair was set exactly like the real show/movie. The other background people were so organised, so they had always gotten the setting correct especially when they had to change the scene. - *Lily* 

The Addams family is a very suspicious act. There's a lot of love and weird things. There's a lot of good singers and actors for the play. It was very entertaining, fun and loud. - *Lydia* 

It went for about two hours, some of the scenes were hilarious like Lucas doing the griddy and Gomez saying to his wife "You've got legs". It was a fun experience, especially listening to live music. We sat at the very front two rows because we came early. The show was well set out and organised for the audience and on stage. I am pretty sure everyone had a great time. My favourite character was the zombie. *- Noah* 

When the show ended, I got a high five from Uncle Fester. - Pricilla

They did very well for their play and there were so many jokes in the act.

My favourite character is Gomez because I can relate to him. But my favourite part was when Wednesday was wearing yellow. **-** *Deegan* 

I give this musical a 5 out of 5, because I just simply cheered until I couldn't cheer no more. - Aiseah

## CAMP REFLECTIONS

### The swing of doom.....

It was Monday afternoon at 1:00 pm when we arrived at CYC The Island! Everyone was looking around the path in our small but mighty way. When we all got out, we headed to the dining hall. We first had a talk about the activities then we were all allowed to run around and play. A few hours later at about 3:00 pm we were heading to the Giant swing of doom.

When we got to the Giant swing, I was wondering how it worked. Then after a few kids I felt a lot better that I knew how it worked.

THEN IT WAS MY TURN. I put my harness, helmet, and glasses on. I climbed up the ladder and got hooked on and next thing I know I am getting pulled 15m above the ground. When I got a countdown 3..2..1 I pulled the rope and dropped in fear and excitement. I call this "fearsitement." I felt like my



heart dropped out of my chest. When swinging in the air I felt like a bird in the sky with my eyes opened wide. Then when I got down I felt very brave and wished I could do it again. - Mia



Day one of camp. My class and I went to Phillip Island. We stayed at CYC the island. We made it! The first activity was the giant swing. When it was finally my turn, I had a tight harness on. My classmates had to pull a rope to pull me up. I was at the very top and this very kind lady Nicole said three,two,one then I had to pull this rope. I dropped down. Then suddenly I started screaming and yelling. I was swinging back and forth. I felt scared and excited. The experience was really fun, and I would definitely go on it again! *- Pricilla* 

### The Chocolate Factory - Noah

On the last day of camp the year 5/6s had a delicious breakfast and were heading off to a place full of flavour,



the Chocolate Factory. When we first entered the building there was a sculpture of penguins at a beach, it was 100% chocolate. As everyone stared with amazement at the scene Mrs. Yorston called us over to the tour, the 5/6s and the teachers all received chocolate tickets and credits to play some games. When we first entered the tour there was a procedure on how to make chocolate from scratch. After the procedure we saw a portrait of someone and a sculpture of someone made out of CHOCOLATE! Everyone was so surprised; things were even better when the 5/6s saw a chocolate illusion. Our minds were blown, flashing lights made chocolate penguins look like they were diving in and out of the surface. After all these magical

things we played some games to win

tokens then which you can exchange for chocolate balls. At the end of the tour, we finished making our own chocolate design. I tried to make a circle, but it didn't work so I made scribbles. When the 5/6s exited the tour, we had some time to buy a little treat for your family and yourself. The chocolate tasted amazing!



### Archery - Alyssa



Equipment:

Bow Arrow Target



Steps:

- 1. Pick up the bow.
- 2. Gently place the arrow in the bow, place the point of the arrow on a rest you will see located at the front of the bow. Then clip the back of the arrow on the back off the bow, you will see a rest place for the back of the arrow.
- 3. Then pull the string at the back of the bow as far back as you can.
- 4. Hold the string back then quickly release, do not hold the string then bring it back forward with your hands still holding.

### Giant Swing - Annie



It was time for the heroic camper to face the swing and get buckled in. I had to go on a ladder to get ready for the great big fall. When I got pushed off the ladder, my classmates started to pull a rope to bring me higher, higher, and higher. The tension was getting worse as I opened my eyes a little bit and I saw that I wasn't on the ground anymore, I was in the sky. Dangling my feet as I was hanging, I could hear in the distance the word pull. As I held the string, I was bracing myself and tugging it as hard as I could, just then, I went flying and screaming like a wild banshee. It started to feel fun when the beautiful cool breeze was on my face, feeling accomplished, it was time to get off the giant

swing and I was going to miss my fun frightening adventure, but I will never forget my amazing memory. I really hope I can do this again and everyone else had fun as well.

### Pedal Cart Race - Hailey



I was sitting in the cart, tensely waiting for Deegan (one of my classmates) to wave the checkered flag signalling the start of the race. I had my feet on the pedals ready to win the five-lap race. Suddenly, the flag waved madly. Everyone was pedalling as fast as they could (including me). Pedalling so fast I felt like I was going to fall. I was determined to win and beat the undefeated,

Mr.B. I was in front of heaps of people and coming up to the home stretch. I ended up lapping Ali (one of my classmates) and winning the race with dark bruises all over my legs from hitting the steering

wheel when pedalling. I was very sore from the race but at the same time proud of myself for winning. Once I finished the race, I pedalled one more slow lap to relax and not race anyone. The pedal carts were very fun, and I would definitely do it again with my classmates.





For any child between 1-17vrs who uses Ventolin. Support can be provided as a home visit, at one of our local clinics, or by telehealth.

#### A nurse educator will help you:

- manage your child's asthma
- · understand and follow your child's asthma action plan
- · better understand your child's medications
- learn how to use asthma devices
- · talk to your child's school, childcare or GP

#### cohealth

**DPV Health** 

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S 8339 8861





Our inner west suburbs have some of the highest rates of Asthma in Victoria due to high transportation routes and high industry in the area, we are trying to raise community awareness of our Community Asthma Program in these suburbs.

We are a free (DHHS funded) Asthma education and support service for children aged 1-17y. Families can self-refer to the service if they feel they need any help with their child's asthma.

# **Brisbane Going For Gold Camp**

are for all

Free asthma

and support

education

## **MELBOURNE – MSAC** 26-28 JUNE 2023

- DO YOU LIKE DANCING AND SWIMMING?
- THIS IS THE PERFECT CHANCE FOR YOU TO TRY THIS AMAZING **DISCIPLINE!**
- ARTISTIC 1-3 DAYS FULL OF SWIMMING DURING THE SCHOOL HOLIDAY

For more information and registration, please visit our website:



#### www.artisticswimming.org.au

Brisbane - Going For Gold Camps - Artistic Swimming Australia

**Or call +61 403 464 742 – National Pathway** 



